



IRISH NURSES CARDIOVASCULAR ASSOCIATION

Annual Scientific Meeting

Tallaght University Hospital

Saturday 8th March 2025

08.30 -15.00

08.30-09.00 **Registration and Coffee**

09.00-09.05 **Welcome & Opening Address:** Ms. Sinead Teehan, President, INCA

09.05-09.10 **Welcome:** Ms Aine Lynch, Director of Nursing, Tallaght University Hospital, Dublin

09.10-09.35 **Five Key Messages in CVD Prevention:** Dr. Jennifer Jones, Specialist Physiotherapist Preventative Medicine and Cardiovascular Health; University of Galway and NIPC Ireland

09.35-10.05 **The Lipid Optimisation Algorithm Initiative:** Lorna Keating, ANP Chest Pain, Naas General Hospital

10.05-10.35 **National Clinical Guideline on ICD Therapy Deactivation-Working group update:** Paul Nolan, Lecturer in Clinical Measurement Physiology and Cardiac Physiologist, ATU Sligo

10.35-10.40 **Award Finalists**

10.40 – 11.10 **Break**

11.10-11.15 **Award Finalists**

11.15-11.30 **Bursary Winner- Feedback on Lisbon:** Jill Cummins, Cardiology CNS, Midland Regional Hospital, Tullamore

11.30-11.50 **Living with a Cardiac Condition:** Mariee Carey

11.50-12.35 **A Panel Discussion on Obesity:** Prof Helen Heneghan, Professor of Surgery and Consultant General/Bariatric; Claire Kearney cANP Obesity St. Columchilles Hospital, Dublin; Sheena Mitchell, Community Pharmacist, Milltown Totalhealth Pharmacy, Dublin, GP, Dietitian

12.35-12.40 **Award Finalists**

12.40 – 13.20 **Lunch/Networking/ Poster viewing**

13.20-13.35 **Award Finalists**

13.30-13.45 **Post PCI Clinic:** Linsy Prasanth, Clinical Nurse Specialist, Cardiovascular SVUH/Integrated Care Hub Bray

13.45-14.00 **Clinical audit on psychological support and ICD related concerns of patients with ICD in CRY-P:** Cardiac Risk in the Young (CRY) Team Tallaght University Hospital

14.00-14.15 **Frailty in Heart Failure:** Edith Donnelly, ANP Heart Failure, Southern Health and Social Care Trust, Northern Ireland

14.15-14.25 **Irish Heart Foundation Services**

14.25-14.50 **Award Ceremony**

14.50-1500 **Announcement of Best Poster, and Close:** Ms. Sinead Teehan, President, INCA
AGM to Follow- All Welcome

CEU's NMBI and CPD's RCSI